

Dr. Melody T. McCloud

"This book clearly lays out the physiological and psychological stressors that negatively impact Black women's lives, how these women have historically turned their pain to power, and how you, too, can...live a phenomenal life!"
— Dr. Jeff Gardere, psychologist and TODAY Show contributor

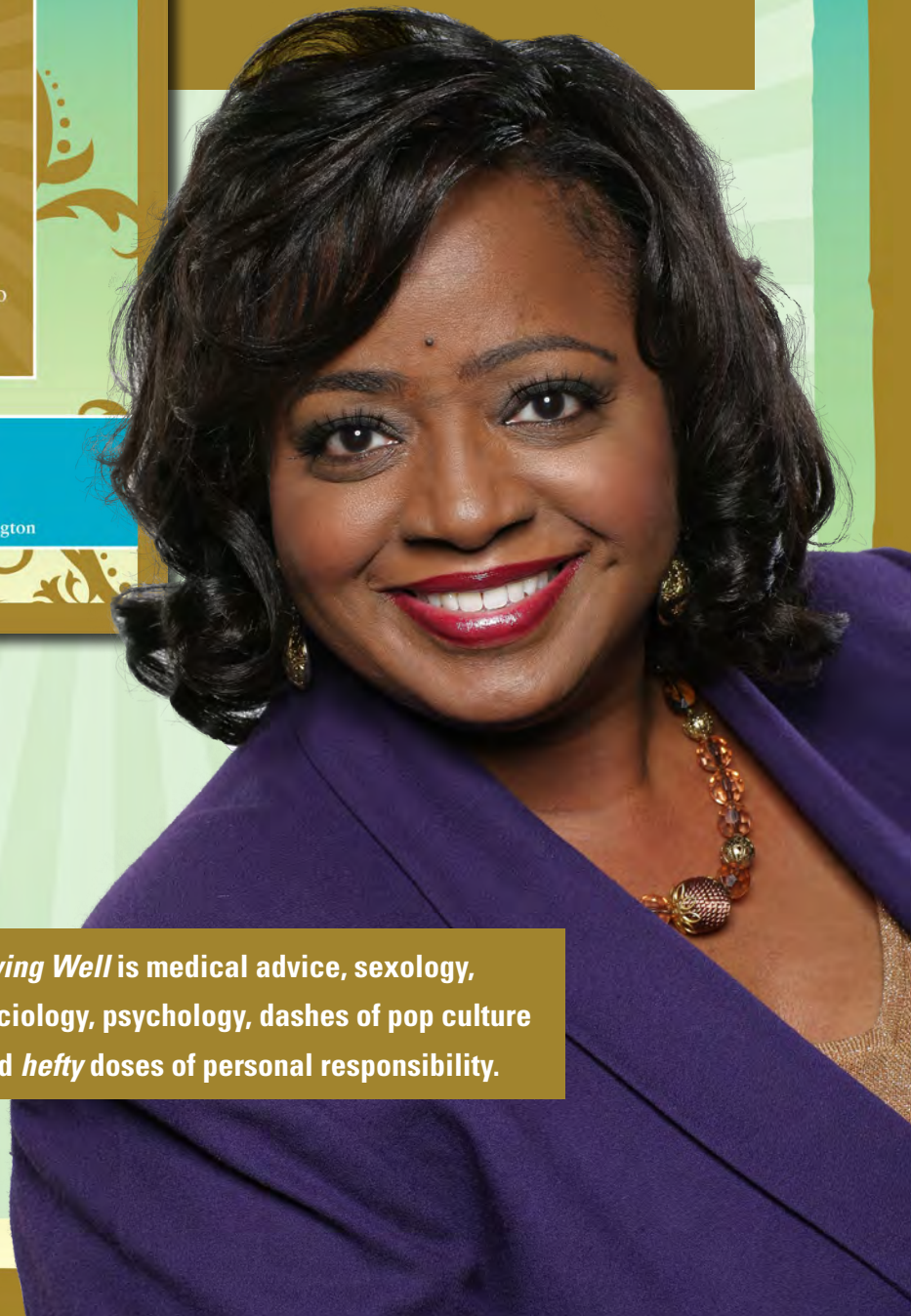
LIVING *Well...* DESPITE CATCHIN' *Hell*

THE BLACK WOMAN'S GUIDE to
Health, *Sex* & Happiness

Melody T. McCloud, M.D.
Author, *Blessed Health*

Foreword by Pauletta Washington, Musician
and Wife of Academy Award Winner, Denzel Washington

MEDIA KIT



- Obstetrician-Gynecologist
- Author, *Living Well...Despite Catchin' Hell; Blessed Health; Melodies of the Heart*, and other publications
- Public Speaker, national invitations
- Contributor to the Tom Joyner Morning Show and other radio programs
- Blog host, PsychologyToday.com
- Media consultant - broadcast, print, Internet, radio
- Health Care Advocate
- Voiceover talent
- Award-winning poet
- Website: www.DrMcCloud.com

Living Well is medical advice, sexology, sociology, psychology, dashes of pop culture and *hefty* doses of personal responsibility.

LIVING WELL...DESPITE CATCHIN' HELL:
The Black Woman's Guide to Health, Sex and Happiness



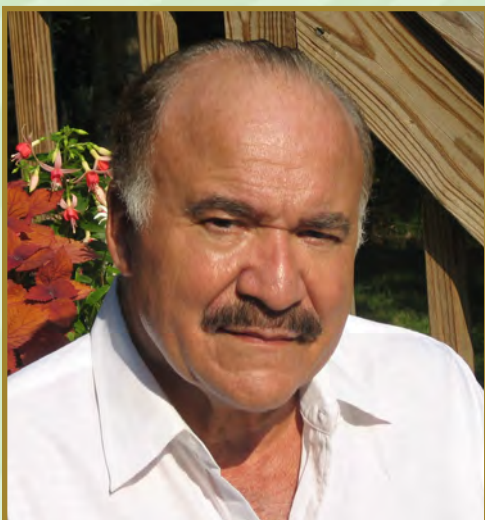
"A comprehensive guide to help us ensure total health. Each chapter contains a thorough look at the issues Black women face, and offers several solutions to many of these issues. I dedicate my voice to support Dr. McCloud in reaching our Black women."

--Pauletta Washington, musician and wife of Academy Award winner, Denzel Washington



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--Dr. Jeff Gardere, psychologist, national commentator and TODAY Show contributor



"A wealth of up-to-date information; very important and valuable. An enormously important book. *Living Well, Despite Catchin' Hell* needs to be read by all Black women and the men who love them."

--Kenneth C. Edelin, M.D., Professor Emeritus, Obstetrics and Gynecology, Boston University

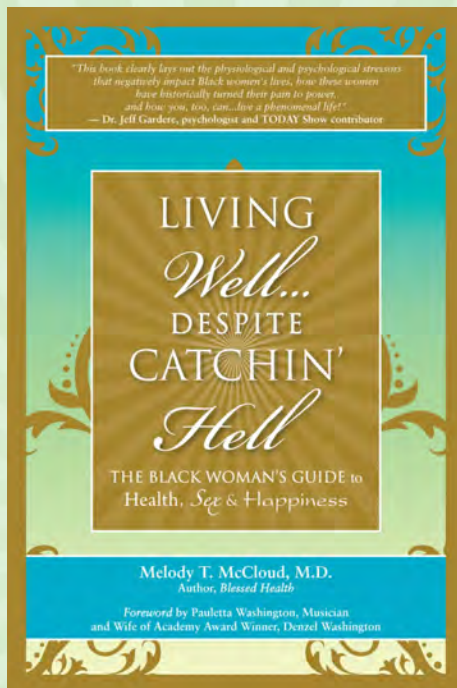
WHAT'S THE NATIONAL BUZZ?

The author of *Blessed Health: The African-American Woman's Guide to Physical & Spiritual Well-being* (Simon & Schuster) has penned a new book which has already received national recognition and praise!

“A comprehensive guide to help us ensure total health...a thorough look at the issues Black women face... I dedicate my voice to support Dr. McCloud in reaching our Black women.”
-Pauletta Washington, musician and wife of Denzel Washington (from the foreword)

“This book clearly lays out the physiological and psychological stressors that negatively impact Black women's lives...and how you...can... live a phenomenal life!”
-Dr. Jeff Gardere, psychologist and TODAY Show contributor

“A wealth of up-to-date information... An enormously important book. It needs to be read by all Black women and the men who love them.”
-Kenneth C. Edelin, M.D., Professor Emeritus, Obstetrics and Gynecology, Boston University



“Dr. McCloud is an excellent ambassador for health advocacy and women's public health concerns. Her books are data-rich, yet easily relatable. I offer my highest, most enthusiastic endorsement”
-Robert M. Franklin, President, Morehouse College

“Dr. McCloud has been in the forefront of the movement to empower women. This book is the only one of it's kind to deal with the physical & psychological factors that continue to impact African-American women.”
-Cynthia Y. Hooper, Presiding Officer, The National Organization for African-American Women

LIVING WELL...DESPITE CATCHIN' HELL: *The Black Woman's Guide to Health, Sex and Happiness*

Foreword by Pauletta Washington, wife of Academy Award winner, Denzel Washington
(ISBN: 09643554-7-7)

It is professional medical advice, sexology, sociology, psychology, dashes of pop culture and *hefty* doses of personal responsibility.

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To book

Melody T. McCloud, M.D.

to speak at your special events and conferences,
see the “Contact page” at www.DrMcCloud.com.

Hear Dr. McCloud on the Tom Joyner Morning Show, and subscribe to her “Black Women's Health and Happiness” blog at PsychologyToday.com!

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*Dr. Melody T.
McCloud*



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EBONY

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The Dallas Weekly

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Women and Spouses
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Leadership Dekalb
Emory University Hospital Midtown

Melody T. McCloud, M.D.

has been honored to speak to these
august organizations*

Grady Health System, Grady Hospital, Atlanta
Atlanta Business League
Keystone Mercy Health Plan
Florida Department of Health
Duval County Health Department
WellStar
Various churches, women's organizations and
community groups

To have Dr. McCloud, author of *Living Well...Despite Catchin' Hell*
speak at, or MC, your events and conferences,
see the 'Contact' page at www.DrMcCloud.com.
[*among others]



About the Physician-Author



BRIEF BIO SNIPPET (for use in your conference handouts):

Melody T. McCloud, M.D. is an obstetrician-gynecologist, media consultant and the founder/medical director of Atlanta Women's Health Care. She lectures nationwide on health, sex, relationships, media images of Black women and social issues. The author of six books, Dr. McCloud's new book, *Living Well, Despite Catchin' Hell: The Black Woman's Guide to Health, Sex and Happiness* has a foreword by Pauletta Washington, wife of Academy Award winner, Denzel Washington.

BIO SKETCH:

Dr. Melody T. McCloud is an Atlanta obstetrician-gynecologist who established her practice in 1985 as founder and medical director of Atlanta Women's Health Care. She is a national consultant and the author of *Blessed Health* (Simon & Schuster) and her new book, *Living Well...Despite Catchin' Hell: The Black Woman's Guide to Health, Sex and Happiness*.

She is a member of the American Congress of Obstetricians & Gynecologists and serves on the Advisory Council to the Centers for Disease Control & Prevention. Among other organizations, she is a member of Leadership Atlanta, the Regional Leadership Institute and is the recipient of numerous community awards. She is listed in *Who's Who in Medicine and Healthcare*, *Who's Who in Black Atlanta* and other honorary publications.

As a media consultant, Dr. McCloud has been interviewed on CNN, CNN Headline News; ABC, NBC and FOX affiliates, TBN and her writings or comments have been printed in *USA Today*, *Parade*, *Essence*, *Village Voice*, *Family Circle*, *Health*, the *Atlanta Journal-Constitution* and more. She is a health expert to the Tom Joyner Morning Show; is a contributor to the Michael Baisden Show and hosts a "Health & Happiness" blog at *Psychology Today*:

<http://www.psychologytoday.com/blog/black-womens-health-and-happiness>

Dr. McCloud is a graduate of Boston University, Boston University School of Medicine and Emory University Hospitals. She lectures nationwide on health, relationships, sex, media images of Black women and social issues. [Website: www.DrMcCloud.com]

A full biography can be made available for selected requests.